

# THE QUIZ

## *Is Your Home Internet Safe?*



Answer the 10 questions below to identify areas of potential risk that someone in your home could be exposed to inappropriate online content. Hyperlinks will take you to various pages at [protectyouneyes.com](http://protectyouneyes.com).

1. Do you perform periodic checks of your kids' **digital devices**, including the search and texting history, checking passwords and apps downloaded?
2. Do you know the usernames and passwords for your kid's devices and apps?
3. Do you have a **bedtime turn-in time for all electronics**?
4. Do you have a **filter and webpage monitor** on your home's wireless router?
5. Do you use a **filtered browser** on all of your portable Internet-ready devices?
6. Have you **asked parents of your child's friends** what their own Internet-usage expectations are?
7. Do you know **what you would say** if your kid told you he/she has been looking at porn online?
8. Do you know **what apps are on your kid's phone(s) and how they are used**?
9. Do you have rules around **Internet usage in bedrooms**?
10. Have you had **consistent, direct conversations** about appropriate Internet usage, sexuality, and the **negative impacts of porn** on the brain and relationships?

If you answered "no" to any of these questions, then your home might be exposed to increased and unnecessary Internet risk. Have questions? Send a message to Chris McKenna: [chrism@protectyouneyes.com](mailto:chrism@protectyouneyes.com)



**PROTECT**  
**YOUNG EYES**  
defending kids from online danger